



**A big Thanks to all who participated in the first in-person ICA event. We missed all of those who could not make it!!**



**The little helpers. They had the most important job of interrupting adults when fighting, by screaming louder than them! 😂**

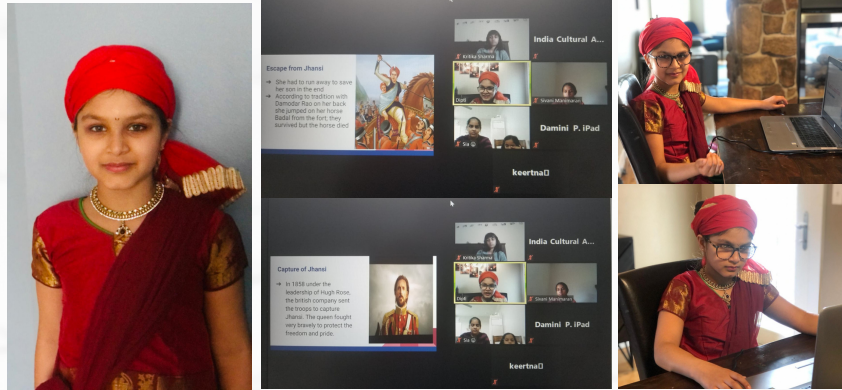


**-Our Enthusiastic Teams-**



**Winners**





Aarya Sharma, dressed as Rani Lakshmi Bai, for the ICA Youth Club Story Time, online event. Aarya, who is a 4th-grade student, did a phenomenal job explaining details about Rani Lakshmi Bai and her contribution as a freedom fighter. Thanks to everyone who joined.

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## **Rubik's Cube facts - by Darsh Shah 5th Grade, Fellows Elementary (Winner)**

Have you ever solved the mind-boggling Rubik's cube? In 1974, Erno Rubik made one of the greatest toys of all time. Here's a list of facts about it for you.

- The world record for solving the cube is an outstanding 3.47 seconds made by Yusheng Du.
- Max Park set 5 world records of cubing in just 1 competition in 2017.
- Only 5% of people who own a Rubik's cube can solve it.
- There are 43 quintillion solves for a Rubik's cube.
- There is a Rubik's cube for 2 million dollars and it has diamonds, rubies, and more jewels.
- A 13-year-old wrote the best-selling tutorial of the 3x3 Rubik's cube.
- Rubik's cube was originally named magic cube.
- You can solve a Rubik's cube in 20 moves for any scramble.
- There are many types of cubes. Some have solid colors, some have holes, some have pictures, and so on.
- Over 100,000 people participate in Rubik's cube competitions.
- There are more Rubik's cube purchases around Christmas.

I started solving Rubik's cube last Christmas and It took me over 1 day to solve my first cube with tutorials. I then started solving it at 30 minutes hoping to get faster. I have been practicing for 4 months now and I'm at 30 seconds consistently. My dream is to go to a WCA Rubik's cube competition and beat the world record of 3.47 seconds.





## Rama Sridhar : Taking Over Kitchens (and Hearts) ♡♡



If I put it in Mr. Bachchan's words, I would say, "Rama Sridhar, naam hi kaafi hai, hain". She has been part of this town for more than 30 years. She is an active community member, a dietician, a volunteer, a cook and so much more. For this month's newsletter, I had the privilege of sitting with her. She talked at length about her passion and life. Those of you who know Rama should be able to relate to what I am going to say next. She was ready with freshly made Kaju Katli and her mesmerizing smile. Got her tight hug after ages. Boy..was it comforting!! Presenting here, Rama ki kahani - Unki hi zubaani.

**The inspiration behind my passion for fusion food:** My mom is my ultimate source of inspiration. She was an amazing cook and way ahead of her time. Growing up, I saw her putting amazing food on the table for us and our guests. Other than being a Navy wife and an amazing cook, she was also an active social worker. She was always compassionate about the less privileged. I started helping her out at the age of 12 -13 and got passively influenced by her. My passion for eating healthy and her fusion cooking merged together over time. Here I am, still experimenting and incorporating new and healthy elements into my dishes while keeping tasty first in mind!

**Lockwood Cafe Dinner Takeovers:** I have been doing cooking demonstrations, classes at Cook's Emporium, Ames Farmers' Market, and few other places since 1987. Educating people through food is very important for me. I strongly believe that food not only nourishes your body, it also nourishes your soul. I got in touch with Sharon (pictured above with Rama, second from left) through a common friend. While talking to Sharon, I realized that we share the same philanthropic values. Sharon and Austin (Owners, The Lockwood Cafe) are just phenomenal people. Always ready to help the community in any way possible. It is a pleasure working with them. I have all the flexibility in terms of planning my meals to the days I want to cook. My experience with cooking for the public helps me immensely with the planning and preparations. I feel so fortunate to be part of the Thursday Dinner Takeovers. During these difficult times, I have found a way to keep myself occupied while doing something so fulfilling.

**Things I like to do when I am not cooking:** I consider myself very fortunate to have such progressive parents. They believed in sports for women in the 1970s. Since my childhood, I had kept physically active. I played for the Patna University Cricket team as their captain. I still work out every day! I have been part of the Ames Fitness Club since the first year we moved to Ames. I love biking and also try to volunteer as much as I can in my free time.

**I am Grateful:** I am grateful for my family and their support in everything I do. I am grateful for my friends. I value each of them for their uniqueness. I count my blessings every day to be surrounded by such wonderful people.

**The Famous quotes I truly believe in:** "The difference between who you are and where you want to be is what you do." - Bill Phillips & "We make a living by what we get, but we make a life by what we give." - Sir Winston Churchill

By: Manusmriti Agnihotri





## **Announcements**

- Please share children's artworks, recipes, poems or any informational articles to be published in our next ICA Newsletter. The published entry will win a \$25 reward. Send entries at **[contactus@icaiowa.org](mailto:contactus@icaiowa.org)**.
- ICA Community Garden project has started. Please join the Whatsapp group to stay updated.

**Where: Squaw Creek Community Garden**

**S. Maple Ave, Ames**

**When: May - October 2021**



## **Upcoming Events**

- **ICA Summer Picnic**  
**When: May 15th, Starting 11:30 AM**  
**Where: Cadet Shelter, Big Creek State Park**
- **ICA Annual Sports Day**  
**When: June 11th**  
**Where: Inis Grove Park**
- **ICA Talent Nite 2021**  
**When: June 27th, 4:00 PM - 6 PM**  
**Where: Bandshell Park**

